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30/03/2022

Learning disability health check survey

**Purpose: To make learning disability health checks better for patients**

**Aim: Improve patient care**

We created a survey to gather information from patients with learning disabilities to determine how they found their annual health check.

Last year we added Carole our care navigator into the health check which made the appointment longer. As a practice we thought it would be useful for patients, but we were concerned the appointment may be too long. From the survey we found that patients/carers thought the session with Carole was convenient and did not find the appointment overly lengthy. The majority of patients did not need input from Carole, but they liked how they could ask for support if needed.

We asked how patients found the health check, all patients/carers said it went very well.

We asked if there is anything we could change about the appointment, all patients/carers said no, they were all satisfied with the appointment and liked how it was arranged.

We asked if they have any other views/thoughts about how we could make the health check better, all participants said no, apart from one carer who said she would like to continue with the health check over the telephone.

From our findings we will continue to offer the appointment with our care navigator, but it will be patient/carer choice and we will also continue to offer the appointment over the telephone.

We will review this next year.